

Seminar in Kiev - Ukraine

On February 10, 2019, the training and technical seminar of the President of the All-Ukrainian Federation of Funakoshi Shotokan Karate, Technical Director of WJKA, Sensei Anatoliy Naumenko was held in Kyiv.

The seminar was held at the initiative of the president of the All-Ukrainian Martial Arts Federation of Contact Karate" Mark Talyansky.

The seminar was attended by more than 50 participants of the Kiev karate clubs "KI", "Shidey", "Leader-sports", "Bushi-do", "Yakara".

The first workshop for students up to 5th kyu was devoted to the role of stance and movements to improve the efficiency of karate technique.

Shihan Naumenko's training for brown and black belts has been dedicated to stopping the opponent's attack with the further development of counterattack and pressure.

All-Ukrainian Federation of Funakoshi Shotokan Karate PR Committee.